

# BLUE ANCHOR INN

EAST ABERTHAW

WELCOME TO "THE BLUE"

Please make yourself comfortable, all food & drink orders will be taken at your table. All beer garden orders must be placed at the bar

## TO START

**Chefs Homemade Soup of the Day (Ve)\*** £6.50

With crusty bread

**Marinated Olives & Oils (Ve)** £5.95 (may contain stones)

Served with crusty bread

**Chicken & Pistachio Terrine \*** £8.75

Fig & plum chutney & toasted croutes

**Thai Fishcakes** £8.50

With sweet chilli sauce & spring onion & chilli salad

**Garlic Chestnut Mushrooms (V)** £8.25

With forest mushroom pate, on toasted bruschetta

**Chicken Caesar Salad \*** £8.75

Gem lettuce, with Caesar dressing, anchovies, capers, crispy serrano ham & toasted croutes

**Welsh Rarebit (V)** £8.25

With homemade piccalilli

**Blue Anchor Mezze Platter (V) \*** £9.50

Grilled vegetables, halloumi, Piri Piri hummus, olives, sun blush tomato & ciabatta bread. **Platter for 2:** £16.25

**Add Spiced Salami & Parma Ham:** £1.75 (per-person)

**Scottish Mussels \*** **Starter** £8.50 / **Main** £16.50

Steamed in a chilli, garlic & tomato sauce, with crusty bread

---

## SIDES

Blue Anchor Mixed Salad £3.25

Home Cut chips £4.25

Crusty Bread £1.95

Ciabatta Garlic Bread £3.95

Ciabatta Garlic Bread with Cheese £4.50

Seasonal Vegetables £3.25

Cajun Spiced Cheesy Chips £4.95

Buttered New Potatoes £1.95

(Ve) Indicates this dish is suitable for vegans  
(Gf) Indicates this dish is gluten free  
\* Indicates this dish can be adapted to be gluten free  
(V) Indicates this dish is suitable for vegetarians  
(Ve\*) Indicates this dish can be adapted to be Vegan

Although we make every effort to ensure these dishes are free from gluten & other allergens, all our food is prepared in a kitchen where nuts, cereals containing gluten & other allergens are present & our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information is available, upon request.

## MAINS

**Grilled Prime Beef Steak**

**8oz Sirloin \*** £24.75

**10oz Rib eye \*** £26.75

Home cut chips, mushroom, roasted vine tomatoes & dressed leaves

(Available with stilton glaze or peppercorn sauce £3.25)

**Deep Fried Fillet of Hake** £16.75

Mushy peas, homemade tartare sauce & home cut chips

**Curry of the Day (Gf)** £14.95 (add chips for £1.20)

Green Thai chicken curry, with basmati rice

**10oz Grilled Gammon Steak\*** £17.50

Fried egg, pineapple & home cut chips

**Fillet of Beef Stroganoff (Gf)** £18.95 (add chips £1.20)

Made with chestnut mushrooms, shallots & red peppers, cooked in brandy, paprika & cream, with basmati rice

**Available as Vegetarian Mushroom Stroganoff (Gf)** £15.50

**Chefs Homemade Steak & Ale Pie** £17.95

Made with Theakstons Old Peculiar, Served with buttery mash & mixed vegetables

**Deep Fried Breaded Scampi** £14.95

Mushy peas, homemade tartar sauce & home cut chips

**Pork Ribeye Steak (Gf)** £19.50

With a smokey & sweet barbeque sauce, creamy cheddar & spring onion mash, Fine beans

**Blue Anchor Prime 8oz Beef Burger** £17.50

In a toasted brioche bun, with Monterrey jack cheese, iceberg lettuce, gherkin, tomato & a cucumber & pepper Relish.

Served with home cut chips & ruby coleslaw

**Roasted Chicken Supreme** £17.25

Served on creamy mushroom linguini, with smokey bacon & tarragon

**Whole Grilled Plaice (Gf)** £19.50

Simply Grilled with lemon butter, served with new potatoes & seasonal vegetables

**Roast Fillet of Haddock (Gf)** £18.50

With a creamy celeriac & chive puree, charred asparagus, pickled raisin dressing & toasted pinenuts

**Three Bean Chilli (Gf) (Ve)** £15.95 (add chips for £1.20)

With roasted peppers & sweet potato, served with basmati rice

**Spinach & Ricotta Tortelloni (V)** £15.95

Creamy cherry tomato sauce, vegetarian parmesan shavings & garlic bread

**Cauliflower & Turmeric Fritters (Ve\*)** £15.95

With a red lentil & spinach dahl, Served with salad & mango chutney

## LIGHT BITES

Ciabatta Sandwiches £10.95

(All served with salad, chips & homemade ruby coleslaw)

- Italian Meatball & Melted Mozzarella
- Honey Roast Ham, Tomato & Mustard Mayonnaise
- Breaded Buttermilk Chicken, chilli & pineapple jam
- Black Bomber Cheddar, Sultana & Apple Chutney & Pickled Onion
- Home Cured Salmon, Lemon & Dill Cream Cheese
- Breaded Hake Goujon, Tartare sauce & Cos Lettuce

**Jacket Potatoes** £9.75

- Green Thai Chicken Curry (Gf)
- Cheddar Cheese & Onion (Gf) (V)
- Beans & Cheese (Gf) (V)
- Tuna & Red Onion, Cheese Melt (Gf) (V)
- Three Bean Chilli (Ve) (Gf)

---

## CHILDREN'S CHDICE £7.75

- Chicken Nuggets** with chips & beans
- Beef Burger** with chips & beans
- Fish Fingers** with chips & beans
- Sausage & Mash** with peas & gravy

---

## DESSERTS £7.50

**Sticky Toffee Pudding**

With toffee sauce & vanilla ice cream

**Warm Chocolate Brownie**

With chocolate sauce & vanilla ice cream

**Vanilla Crème Brulee**

With shortbread biscuit

**Summer Berry & Almond Slice** (Gf)

With berry compote & vanilla ice cream

**Mango Pannacotta** (Gf)

With mango & pineapple salsa, chocolate tuile

**Welsh Cheese Board**

Perl Las- West Wales Blue Cheese

Perl Wen- Caws Cenarth soft cheese

Black Bomber - Snowdonia Mature Cheddar

Apple & Tomato Chutney, Biscuit Selection