

BLUE ANCHOR INN

EAST ABERTHAW

WELCOME BACK!

Please make yourself comfortable, all food & drink orders will be taken at your table

To Start

Chefs Homemade Soup of the Day (V)* £4.75

With organic crusty bread

Marinated Olives & Oils (Ve) £4.50

Served with crusty organic bread

Crispy Deep Fried Saffron Arancini (V)(Gf) £5.75

Stuffed with mozzarella served with a garlic & herb mayonnaise

Antipasti Platter (Gf) £6.50

Chorizo, Serrano ham, Milano salami, speck, olives & home dried tomatoes

Ham Hock Terrine* £5.50

With homemade piccalilli

Flaked Smoked Mackerel, Lamb's Lettuce & orange salad (Gf) £5.95

With toasted pine nuts & orange dressing

Sides

Blue Anchor Mixed Salad £1.95

Home Cut chips £2.95

Organic Crusty Bread 95P

Ciabatta Garlic Bread £2.50

Ciabatta Garlic Bread with Cheese £2.95

Light Bites

Ciabatta Sandwiches £5.75

-Ham & Piccalilli

-Spicy Beef, gherkins, pickled red onion & spicy mayo

-Egg Mayonnaise & salad

-Mature Cheddar, Baby Gem & Red

Onion Marmalade

Jacket Potatoes £6.50

-Thai Green Chicken Curry

-Cheese & Red Onion Marmalade

-Tuna & Cheese

-Chili Con Carne

Children's Choice £5.95

-Chicken Nuggets

-Beef Burger

-Fish Fingers (All served with chips & beans)

Mains

Grilled Prime British Beef Steak

8oz Rib eye * £18.75

10oz Rib eye * £20.75

Home cut chips, mushroom, home dried tomato & mixed salad, topped with a parsley butter

Available with stilton glaze or peppercorn sauce £2.50

Deep Fried Fillet of Hake £11.75

Mushy peas, homemade tartar sauce & home cut chips

Fragrant Thai Green Chicken Curry (Gf) £10.95

Made with fresh herbs & spices, served with basmati rice

10oz Grilled Gammon Steak* £13.00

Fried egg, fresh pineapple & home cut chips

Fillet of Beef Stroganoff (Gf) £14.50

Made with chestnut mushrooms, shallots & red peppers, cooked in brandy, paprika & cream, served with basmati rice

Chefs Homemade Steak & Ale Pie £13.25

Made with Theakstons Old Peculiar, Served with buttery mash & mixed vegetables

Deep Fried Breaded Scampi £10.75

Mushy peas, homemade tartar sauce & home cut chips

8oz Chuck Beef Burger in a Toasted Brioche Bun £13.50

With homemade relish, beef tomato & baby gem, served with home cut chips

Spinach & Ricotta Ravioli (V) £12.75

Tomato coulis, topped with fresh parmesan shavings & garlic bread

Vegetable & Chickpea Curry (Gf) (Ve) £11.50

Made with aromatic spices, red onions, courgettes, peppers & squash, finished with coconut milk. Served with basmati rice

Desserts £5.75

Sticky Toffee Pudding

With toffee sauce & vanilla ice cream

Warm Chocolate Brownie

With rich chocolate sauce & vanilla ice cream

Baked Plum & Frangipane Tart

Topped with Chantilly cream

Baked Vanilla Cheesecake

With fresh raspberries & raspberry coulis

(Ve) Indicates this dish is suitable for vegans

(Gf) Indicates this dish is gluten free

* Indicates this dish can be adapted to be gluten free

(V) Indicates this dish is suitable for vegetarians